· · · · · · · · · · · · · · · · · · ·	SECTION B – PHYSICAL ENDURANCE FACTORS																							
F	ساء ما	the tree	204 1-											-10	<u>u9</u>									
For an 8-hour wo				ou ar				each	activi	Ty nc	_							10.						
1. STAND/WALK	NONE 1-4 HO			OUI			155		4-6 HOU				0::==	Щ.	o-8 F	HOUR	<b>1</b> 5							
2. SIT	+	1-3 HOURS			<b></b>	3-5 HOURS			5-8 HOURS															
3. DRIVE	1		لبا	<u> </u>	HOU T	T		5-8 HOU								<del></del>	Τ.							
· · · · · · · · · · · · · · · · · · ·			k all which you can d		n do,		<u> </u>	<del></del>		GR.	ASPING			FINE MA	NIPU			<u></u>				PULLING		
				_	IANDS				_Y L	LEF	THAND		c	NLY	RIC	HT.			Т .	T				
6. USE FEET FOR REPETITIVE MOVEMENT AS IN OPERATING						NG F	.00.	T CON	TRO	LS										Τ,	ES		ИО	
/-10, Check the	7-10, Check the level which correctly tells your ability to:																							
	None Seldom (5-15 minute cyc						<u>)</u>			Moderate (1-5 minute cycle)						(30-		equen econd	nt d <i>cycl</i> e	e)				
7. BEND																								
8. SQUAT																								
9. CLIMB																								
10. WORK ABOV						_		_																
11, Lifting (Chec	k only one; the	e highes	level you	can r	now d	oj:							_											
(a) Liftir	ng 10 lbs maxin	num and	l occasiona	ally li	ifting a	and/	or car	ryin	g such	artic	les	and doc	:ket	s, le	dgers and	small	tool	s. 	_		_			
(b) Liftir	(b) Lifting 20 lbs maximum with frequent lifting and/or carrying of objects weighing up to 10 lbs.																							
(c) Liftir	(c) Lifting 50 lbs maximum with frequent lifting and/or carrying of objects weighing up to 25 lbs,																							
(d) Liftir	ng 75-80 lbs ma	aximum	with frequ	ıent l	lifting	and	or car	rryin	ıg of ol	bject	s w	eighting	up	 to 4	10 lbs.		<del></del>			·				
(e) Lifting 100 lbs maximum with frequent lifting and/or carrying of objects weighing up to 50 lbs.																								
	12. What level of activity described in 11 above was involved in your present or previous employment? (Insert letter, 11 ( )																							
REMARKS																								
SECTION C — ENVIRONMENTAL FACTORS  Some positions may involve unusual work conditions or working outside, Answer each <i>circled</i> item "YES" or "NO" by placing an "X" in the proper box. If you answer "NO" to any circled item give additional details in Section D.																								
Can you work ur								YES	T														YES	NO
1. Outside (fre									10.	So	ome exp	osu	ire to	o fumes, sr	moke,	, or g	jases							
2. Severe heat						$\top$			11.	Sc	ome con	ntac	t wi	th solvents	s, grea	ises,	and o	ils		<del></del>				
3. Severe cold						$\top$			12,	0	ccasion	əl w	alki	ng over rou	ugh te	errair	า							
4. Severe hum									13.		ome clin			of short lade	iders (	For	exam	ple,	to re	ach				
5. Severe dam	g						<u></u>		14.					round surf	face									
6. Dry atmosp	ns	-				-			15.	w	Vorking a	alon	 1е						<del>,</del>					
7. Severe noise										16.	0	Occasiona	al tr	-avel	1									
8. Constant no									17.	F	requent	tra	vel	<del></del>										
9. Dusty atmo						$\dagger$																		

## STATEMENT OF PHYSICAL ABILITY - (NAF)

## INSTRUCTIONS AND PRIVACY ACT INFORMATION FOR APPLICANT

Please read instructions for each section carefully before answering the questions. Type or print answers in ink. If additional details are required, use Section D. After completing this statement, be sure to sign your name and give the date in Section E. Your replies will be evaluated in terms of the particular position for which you are applying. (AT THE DISCRETION OF THE APPOINTING OFFICER, ADDITIONAL MEDICAL INFORMATION OR A PHYSICAL EXAMINATION MAY BE REQUIRED.)

AUTHORITY: Solicitation of this information is authorized by Title 10 U.S.C. Section 8013, the authority for the Secretary of the Air Force to provide regulation to govern the Department of the Air Force, PURPOSE: This information will be used in determining your eligibility for NAF employment, ROUTINE USES: May be provided to sources, such as physicians, prior employers, in order to identify you and to obtain an evaluation of your fitness and ability to perform the duties of the position for which you are applying.

Under Executive Order 9397, Federal agencies were required to use the Social Security Number (SSN) as the means of identifying individuals in personnel record systems. Furnishing your SSN or any of the other data is voluntary, but failure to supply complete and accurate information may limit consideration or jeopardize eligibility to be hired or retained.

<u> </u>										
IDENTIFICATION OF APPLICANT										
NA	ME (Last, First, Middle)	BIRTHDATE (Month, Day, Year)	SSN							
ļ										
AD	DRESS (Number, Street, City, State and ZIP Code)	TITLE OF POSITION APPLIED FOR								
L										
	SECTION A PHY	SICAL LIMITATIONS								
		NO" by placing an "X" in the proper box tem, give additional details in Section D.	:•							
1,	Do you have any problem:		77.77.11.11.11.11.11.11.11.11.11.11.11.1	YES	NO					
	(a) Reading small newspaper print (glasses permitted)?									
	(b) Reading ordinary newspaper headlines without glasses?									
	(c) Seeing distant objects with either eye (glasses permitted)?									
2.	Do you have difficulty in distinguishing basic colors (red, green, blue)?									
3.	3. Do you have difficulty in distinguishing shades of colors?									
4.	4. Do you have any hearing problem, including hearing telephone conversations (hearing aid permitted)?									
5.	Do you wear a hearing aid?									
6.	Do you have any speech impairment which hinders:									
	(a) Person-to-person conversation?									
	(b) Telephone conversation?									
7.	7. Do you have an amputation or abnormality of a leg, foot, arm, hand, and/or finger?									
8.	8. Do you have difficulty in using arms, hands, or fingers for reaching in any direction, grasping, handling, or fingering?									
9.	9. Do you have any disease or disability which would make your employment a hazard to yourself or others?									
10.	Have you had any surgery of any extremity or spine at any time?									
11. Have you had medical/hospital care in the past 5 years for problems to:										
	(a) Extremities (hands, arms, legs)?									
	(b) Back?									
	(c) Heart or lungs?									
12,	Are you taking any perscription medicine now?									
13.	13. Are you allergic to any substances?									
14.	14. Have you previously received any disability rating? (If yes, answer a, b, and c below).									
(a)	WHEN?									
				_						
(b)	HOW MUCH?									
	THE CONTRACT OF THE CONTRACT O									
(c)	FOR WHICH BODY PARTS?									

AF Form 243, JUL 88